

No Health without Mental Health – What can stakeholders do?



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Speakers:

Keith Wong, Assistant Director, Richmond Fellowship of Hong Kong

Michael Wong, Specialist in Psychiatry, President, Hong Kong Association of Psychosocial Rehabilitation

Reid Bailey, Transformation Director, Bupa

Winnie Tsien, Regional Head of People Experience, APAC
Work Dynamics, JLL

Moderator:

Dr Pamela Tin, PhD, Head of Healthcare & Social
Development Research, Our Hong Kong Foundation

No Health without Mental Health – What can stakeholders do?

1 in 4 Hong Kong workers suffer symptoms of depression and anxiety(1). And workplace-induced depression costs Hong Kong an estimated HKD12.4 billion each year(2,3). These figures are likely more serious for the overall population. The impact from COVID-19 has both increased society's awareness to mental health issues and worsened situation over the past two years.

Mental health is a pan-societal agenda, and the government can only do so much. Other stakeholders in our society need to step up and address the problem in a collective effort to diligently help those in need. In this forum, we bring together a variety of stakeholders who are making significant contributions to improving the mental health landscape. We will hear the challenges different organisations and industries have faced, how they are

contributing to improve the current mental health landscape and will aim to highlight important areas where work still needs to be done.

The event will be held in the worker-friendly offices of JLL and attendees will be given a tour of the facility during the lunch period ahead of the main event. This will illustrate some important features of office design – demonstrating some contributions businesses can make to significantly improve employee engagement, wellbeing and productivity and, importantly, reduce the depression statistics seen in Hong Kong.

1. *South China Morning Post. (2015) Survey finds a quarter of Hong Kong's working population show signs of depression and anxiety. Available at:*<https://www.scmp.com/news/hong-kong/health-environment/article/1864215/hong-kong-survey-reveals-quarter-citys-working>*. Date accessed: 30 March 2021.*
2. *KPMG secondary research findings. (2020) The rising social and economic cost of major depression: seeing the full spectrum.*
3. *City Mental Health Alliance, Hong Kong. (2019) The cost of mental ill health for employers in Hong Kong.*

About the speakers



Keith is the Assistant Director of Richmond Fellowship of Hong Kong, a leading non-profit organization providing comprehensive mental health services for 38 years. He is a Registered Social Worker in HK, and California Licensed Clinical Social Worker, whose former practices included inpatient psychiatry, residential treatment, and outpatient services. Keith has demonstrated academic scholarship

by serving as Fieldwork Supervisor and Lecturer in social work and counselling education at PolyU and HKU, followed by achievement of PhD on adolescent drug abuse in peer context. Riding on his extensive clinical, teaching, and management experience, Keith has developed executive leadership in corporate governance, strategic planning, service development, workforce management, program evaluation, and agency branding, through negotiations among non-profit sector, governmental bureau, and business entrepreneurs. Advocating for the paramount of personal agency to promote holistic well-being, Keith has strategically navigated through systems to address the various mental health needs in the under-privileged with culturally-sensitive, strengths-based, trauma-informed, and recovery-oriented approaches.



Dr Wong has more than 30 years of experience in psychiatry. He is currently the President of Hong Kong Association of Psychosocial Rehabilitation and is committed in supporting effective treatment and rehabilitation of patients with mental illness and

enhancing public awareness and education of the society on mental health and wellness.



Reid Bailey spent the last ten years working for Bupa around the world, with experience across both insurance and provision. Primary focus on establishing new functions and governance structures across Risk & Compliance and Transformation, delivering and embedding change.



In April 2022, **Winnie Tsien** was appointed to lead the human resources function for JLL in Hong Kong covering the business in Macao and Taiwan. Winnie is recently appointed as the Regional Head of People Experience for Work Dynamics at APAC. She is now leading the team to strengthen employee experience by activating HR products, embedding, facilitating and enhancing moments that matter.

Before moving to JLL, Winnie spent 12 years in PwC with the latest role of leading the Human Capital Digitalization

function to play a key part in enabling digital solutions to support business needs and realize to benefits of HR technology investments. Prior to that, Winnie had been working as Human Resources Business Partner for Assurance practice in the same firm.

Winnie started her career as a Social Worker focusing on youth, children and family's cases as she completed her first bachelor's degree in social work discipline.

About the moderator



Pamela is the Head of Healthcare & Social Development Research at Our Hong Kong Foundation. Pamela leads a research team focusing on research and advocacy of healthcare and social development policies in Hong Kong.

She is currently part of the Hong Kong Government's Advisory Committee on Mental Health which assists the Government in developing policies, strategies and measures, and monitoring the implementation of the recommendations of the Mental Health Review Report with a view to enhancing mental health services in Hong

Kong.

Please note that all attendees at the event are required to be fully vaccinated. Please be kindly reminded to have the relevant vaccination document on hand, whether in form of hard copy or in digital form.

Pricing

- Member: HK\$250
- Non-Member: HK\$350

Terms & Conditions

- Reservations in advance are required. Please consider your booking confirmed unless notified otherwise.
- Cancellations must be made in writing at least 24 hours prior to the event. No shows will be charged.
- This event is closed to the media.
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- By attending this event, you agree to be photographed, recorded, and/or filmed and give

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- For further information please email catherine@britcham.com
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